



COVID-19 FAQ

Q: My child has minor symptoms that seem to just be a cold. Can s/he come to school?

A: Please keep your child home from school and review the Daily Symptom Checklist and Parent Letter on the school website for more guidance. Children with COVID-19 can present with minor symptoms or be asymptomatic. Any symptom that persists should be evaluated by your primary care physician for guidance about whether testing is necessary. **An alternative diagnosis or a negative COVID-19 test is needed for return to school.**

Q: A member of our household has a cough, fever, shortness of breath, chills, or loss of smell or taste. Can my child come to school?

A: Do not send your child to school in person and keep him/her away from the symptomatic household member. Your child can return to school once the household member receives a negative result for COVID-19 or is provided an alternative diagnosis that explains their symptoms.

Q: A member of our household is testing for COVID-19 due to symptoms or being in close contact to someone with a positive result. Can my child come to school?

A: All household members should remain home while COVID-19 tests are pending. If the result is positive, the student will be considered a close contact and need remain home to quarantine.

Q: My child participates in a group activity outside of school and someone there tested positive for COVID-19. I don't know if my child is a close contact. Can I send my child to school?

A: Participation in group activities (such as sports), especially indoors, increases the risk of being exposed to COVID-19. When in doubt, it is always best to err on the side of safety and **keep your child home from school until you know whether or not they are a close contact and need to quarantine. The choices your family makes outside of school impacts other students and school staff members in the building.** Virtual options are available to those students who are self-quarantining.

Q: Our family has recently traveled/has plans to travel. When can I send my child to school?

A: Traveling and associating with people outside of your household increases the risk of exposure to COVID-19. We understand that each family can determine for themselves their own level of risk. However, protecting the safety of all students and staff at Immaculata is of utmost importance. The following activities are associated with increased risk:

- Air (especially international), train, or bus travel
- Attending large gatherings
- Going on a cruise
- Visiting theme parks

If you made the choice to engage in higher risk travel activities, **please have your child attend school virtually for 10 days following your return home** to monitor for the development of symptoms. Virtual options are available to those students who are self-quarantining.

Q: I just found out that my child is a close contact to someone with COVID-19, but I have not heard from the health department yet. When can my child return to school?

A: Please keep your child home and contact the school nurse to determine quarantine and the return to school date.

Q: The Centers for Disease Control and Prevention (CDC) just changed their quarantine guidance. What is Immaculata's policy for quarantine?

A: Quarantine is guided by local departments of health. Immaculata is using guidance provided by the Durham County Department of Public Health (DCOPH). As such, quarantine can be reduced to 10 days from the last contact if your child remains asymptomatic. Symptom monitoring must continue and they should strictly adhere to wearing a mask and practicing social distancing through 14 days from the last exposure.

Q: Where can I learn more about COVID-19?

A: NCDHHS ([covid19.ncdhhs.gov](https://www.covid19.ncdhhs.gov)) and CDC ([cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html))