



## Symptom Screening Checklist

Anyone showing signs or symptoms of COVID-19 or who may have been exposed to COVID-19 should not be at school.

**1. Has the individual you are dropping off been diagnosed with COVID-19 since they were last at school?**

- No → If No, move on to Question 2
- Yes → If Yes, the child and anyone that lives with them should not be at school

**2. Do any of the children you are dropping off have any of the following symptoms?**

- Fever of 100 or above**
  - New or persistent cough**
  - Shortness of breath or difficulty breathing**
  - New loss of taste or smell**
  - Chills**
  - Nausea/vomiting
  - Diarrhea
  - Sore throat
  - New onset of severe headache
  - Congestion or runny nose
  - Muscle aches
- \*Household members of those with the bolded symptoms should not be in school.**

**3. Has the individual you are dropping off had close contact (been within 6 feet of someone diagnosed with COVID-19 for a cumulative total of 15 minutes over a 24-hour period) in the last 14 day or been advised by health department or health care provider to quarantine?**

- Yes → The child should not be at school. The student may return 10 days after the last date of close contact with someone with COVID-19 if they remain asymptomatic.
- No

**The student may go to school when they can answer “No” to all three questions.**



# Immaculata

CATHOLIC SCHOOL

WHERE FAITH AND KNOWLEDGE GROW

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Dear Parent,

We are sorry to hear your child is not feeling well and pray for a quick recovery.

Per the Diocese of Raleigh and the StrongSchools NC Public Health Toolkit, students who exhibit any symptoms of illness while at school must be sent home (even if they feel better after taking medicine, such as a cough suppressant or fever reducer). In order for your child to return to school, please submit documentation from a healthcare provider (Physician, Nurse Practitioner, or Physician's Assistant) or the health department, stating they are cleared to return. We cannot allow students back into the school without this medical approval. Details are outlined below:

- If a student receives a **negative** result from a COVID-19 test, they can return to school once they are fever-free without the use of fever-reducing medicines and have felt well for a minimum of 24 hours.
- If a student tests **positive** for COVID-19, they should remain out of school and isolate at home for at least 10 days from the onset of symptoms. They may return to school after at least 10 days have past, they are fever free for at least 24 hours (without fever reducing medications), and all symptoms have improved, including cough and shortness of breath.
- If a student tests **positive** for COVID-19 but shows **no symptoms**, they should remain out of school until 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.
- If a child has been in **close contact** with someone diagnosed with COVID-19, it is recommended that they quarantine for 14 days since the last known contact. Per Durham County Department of Public Health, quarantine can be reduced to 10 days from last contact if your child remains asymptomatic. Symptom monitoring must continue, and they should strictly adhere to wearing a mask and practicing social distancing through 14 days from last exposure.
- A child can return to school, following normal school policies, if they receive confirmation of an **alternative diagnosis** from a health care provider that would explain the COVID-19-like symptom(s), once they are fever-free without the use of fever-reducing medicines and have felt well for a minimum of 24 hours.
- If a **household member** has a pending COVID-19 test for symptoms or Covid 19 exposure, everyone in the home should remain out of school until a negative result is received.

We greatly appreciate your compliance during this unprecedented time and hope your child is feeling well soon.

Thank you,

Jennifer Miller  
Front Office Administrator

Joanne West, BSN, RN  
School Nurse

## COVID-19 Symptom Screening, Testing, Isolation, and Quarantine

### Daily Student & Staff Screenings

All students will be screened during morning car line. Before exiting vehicles, each student must complete the following in order to enter school:

- 1) Daily symptom screening before entering school
- 2) Temperature check\* (if temperature is 100.4 or greater, child may not attend school)
- 3) Cloth face coverings worn (K-8). Parents must provide cloth face-coverings. If lost or soiled, the school will supply a disposable covering for the day.

*\* Touchless digital thermometers will be used by staff in car line to rapidly take the temperature of all students.*

All teachers and staff will be screened upon entering the building (including temperature checks, attestation, and cloth face covering).

### Student Return to School After Illness (Parent Letter)

When a student is absent due to illness, please email the student's classroom teacher and include the school nurse and front desk administrator. Families can find the procedures for returning to school following illness on the Immaculata Catholic School website under COVID-19 updates.

We will adhere to the following process for allowing students or staff to return to school.

If a person has had a negative COVID-19 test, they can return to school once there is no fever without the use of fever-reducing medicines and they have felt well for 24 hours.

If a person is diagnosed with COVID-19 by a medical professional based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should not be at school and should stay at home until they (or a family member if younger child) can answer **YES** to the following three questions:

1. Has it been at least 10 days since the individual first had symptoms?
2. Has it been at least 24 hours since the individual had a fever (without using fever-reducing medicine)?
3. Has it been at least 24 hours since the individual's symptoms have improved, including cough and shortness of breath?

A person can return to school, following normal school policies, if they receive an alternative diagnosis from a health care provider that would explain the COVID-19-like symptoms, once there is no fever without the use of fever-reducing medicines and they have felt well for 24 hours.

### **COVID-19 Testing Information**

- If a student with COVID-19 symptoms tests positive using either an antigen test or a PCR/molecular test, the individual should isolate for 10 days after the first day of symptoms, until they have had no fever for 24 hours, (without fever reducing medications), their symptoms are improved AND have felt well for at least 24 hours.
- If a student with COVID-19 symptoms tests negative with a PCR/molecular test but is a close contact of someone with COVID-19, they still must complete the 14-day quarantine or follow the recommended guidance from their local health department.
- If a student with COVID-19 symptoms tests Negative with PCR/Molecular test, they may return to school once they are fever free (without fever reducing medications) AND have felt well for at least 24 hours.

### **Procedures for Handling COVID-19 Cases in School**

Please notify ICS School administration right away if you student tests positive for COVID-19. Administration and/or school nurse will notify the Durham County Department of Public Health of a confirmed COVID-19 student or staff member and begin the investigation to determine if there are close contacts.

- Parents/Guardians of students in affected classrooms will be notified by email communication of positive COVID-19 case in the classroom. Confidentiality of COVID-19 positive students or staff members will be protected in accordance with all state and federal laws.
- The classroom will convert to virtual learning to allow time for cleaning and disinfection using EPA approved disinfectant for SARS-COV-2.
- Parents/Guardians of students who are suspected of being a close contact to a COVID-19 positive individual will receive a separate email notification or phone call from ICS administration or school nurse. Official quarantine recommendations will come from the local health department.

### **COVID-19 Isolation**

A person who tests positive for COVID-19 or is presumed to be positive based on symptoms should immediately separate themselves away from others for at least 10 days. Isolation of those with COVID-19 is key to reducing the spread of the virus.

- If a student/staff member has been diagnosed with COVID-19 but does not have symptoms, they must remain out of school until 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.
- If a student/staff member is diagnosed with COVID-19 by a medical professional based on symptoms or does not get a COVID-19 test but has symptoms, they should not be at school and should stay home until they (or family member if younger child) can answer YES to the following three questions:
  - Has it been at least 10 days since the individual first had symptoms?
  - Has it been at least 24 hours since the individual had a fever (without using fever reducing medications)?
  - Has there been symptoms improvement, including cough and shortness of breath?

## COVID-19 Quarantine

Close contact is defined being within 6 feet of a COVID-19 positive individual for at least 15 minutes cumulatively over a 24-hour period, starting two days prior to symptom onset (or two days prior to positive test for those without symptoms). The incubation period for COVID-19 is between 2-14 days after exposure. A person who has close contact with a COVID-19 positive individual is recommended to quarantine for up to 14 days, but may have the ability to reduce their quarantine time. The local health department makes all quarantine recommendations for residents of their county.

NCDHHS recommends COVID-19 testing for all close contacts regardless of symptoms. Testing should occur day 5 or later after close contact occurred.

- If a student/employee has been determined to have been in close contact with someone diagnosed with COVID-19, they must remain out of school for 14 days since the last date of exposure unless they test positive. In which case, exclusion criteria above would apply. They must complete the full 14 days of quarantine, even if they test negative.
- A student or staff member may return to school after a 10-day quarantine from date of last close contact with someone with COVID-19 under the following conditions.
  - 1.) they remain asymptomatic,
  - 2.) they continue to monitor for the development of symptoms through day 14,
  - 3.) they strictly adhere to wearing a mask and practicing social distancing.
- Remote learning options will be provided for students unable to be at school due to illness or exposure.

Siblings of **asymptomatic** close contacts may attend school under the following conditions: the quarantined student is able to be kept separate from their sibling that will attend school during their full quarantine and no one in the household has a pending COVID-19 test. Please keep all household members out of school when someone in house is testing. Parents can make arrangements for their students to learn virtually if affected by quarantine or for siblings of a quarantined student.